

EXPLORING *The* Interior Castle

SAINT TERESA OF AVILA WAS A PIONEER
OF THE INNER SPIRITUAL LANDSCAPE.

The *Interior Castle* is a treasure chest of guidance,
hope and wisdom, a well of insight for the spiritual seeker.

Over the course of 1 day and 2 evenings, we'll explore
various aspects of the text in a reflective and prayerful way.

*This is not comprehensive; this is simply an exploration
of just some of the beautiful themes of The Interior Castle.*

LED BY

Donna Worthington

TUESDAY
11TH
AUGUST
2026

7–9pm.

SUNDAY
16TH
AUGUST
2026

(MASS INCLUDED AT 11.30AM).

Please bring a packed lunch.

Coffee at 10am, then starting at 10.30am,
until 4.30pm.

TUESDAY
18TH
AUGUST
2026

7–9pm.



Ideally participants will be able to attend all 3 events –
the Sunday and the 2 evenings. However, if not,
please feel free to book just 1 or 2 of the events.

**Costs: Sunday 25 euros /
each of the evenings 12.50 euros.**

**BOOKING
NECESSARY**



TOTAL COST

50
euros



Tea and coffee will be
provided at all 3 events.



Free parking.



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